

# Volunteer Role Description



**Title:** incredABLE Short Break's Volunteer

## What is involved?

Adult short break's (ASB) provides an alternative to traditional respite services by offering group residential breaks in a variety of venues across N. Ireland for up to 10 participants. Adult short breaks are delivered the second & fourth weekend of the month. A residential begins at 7pm on a Friday and returns 1pm on a Sunday. This service offers 50 residential which is delivered within the southern trust covering 3 localities Craigavon & Banbridge, Newry & Mourne and Armagh & Dungannon.

## Core Objective:

Our objective is to ensure that ASB offers individuals the opportunity to socialise with peers and give respite to carers, as well as experience some of the activities and locations Northern Ireland has to offer.

## Duties may include:

- Supervision throughout the day
- Support individuals with daily living tasks.
- Assist with cooking
- Support participants if they are finding interactions or situations difficult
- Listening and observing
- Communicate any concerns with the project worker or project coordinator whilst on short break, you can also contact staff on-call.

## What is expected of you?

As an incredABLE short break volunteer it is desirable that you have some experience of working with adults with a learning disability. You will be expected to familiarise yourself with the Adult short break outcomes and the vision, mission and values of incredABLE and carry out your role to the standard specified by the organisations volunteer rights and responsibilities code. It is hoped that as a volunteer that you will also enjoy the short break through interaction and engagement and suggesting ideas.

**Useful Skills:** communication skills, active listening, working as part of a team, adapting to different environments.

## What support will you get?

**Induction Training:** Once you have completed the application process you will receive Induction training on the work of incredABLE including opportunities for further engagement.

**Volunteer training:** Access to incredABLE training throughout the year (e.g. Safeguarding/Disability Awareness)

**Volunteer Expenses:** Out of pocket expenses (e.g. mileage, food and beverages) as pertaining to your role.

## Next Steps:

- Thoroughly **read this document** ask for clarification on anything that you feel unsure about.
- Complete a **volunteer application form** - Telephone **028 38 872111** Email **info@incredible.org.uk**
- Complete your **Access NI Enhanced Check Procedure**
- Attend a **volunteer induction session/training as required**