

incredABLE Holidays & Camping 18+ years

Holidays and camping trips provide people with a learning disability and/or autism the opportunity to go on a holiday and experience the outdoors in a group setting.

Up to four holidays take place every year and have included trips to Blackpool, London and Disneyland, Paris. At home, shorter four night inclusive breaks are facilitated in popular destinations such as Mayo, Portrush and Fermanagh lakelands. Participants are offered a range of activities tailored to the location of the holiday and are given appropriate support based on their needs and the needs of the group. Camping trips provide up to 6 residential weekends in the summer months for groups of up to 12 adults with a learning disability and/or autism engaging participants in meaningful activity during their short break under canvas. incredABLE use a variety of camping areas across Northern Ireland including Gosford Forest Park, Kinnego Bushcraft Centre, Castlewellan Forest Park, Ardaluin, Ganaway etc. A range of adventurous outdoor activities are offered during the short break that are appropriate to the support needs of the participant and the group.





For more information **Email:** info@incredable.org.uk

call today: 028 3887 2111

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incredABLE individuals are empowered to make choices, discover talents, realise passions, and participate in community on their own terms. incredABLE deliver projects and services in the Southern Health and Social Care Trust Area.