

# Peer Outing Programme (POP) 8-18 years

The POP service is delivered in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams. The service provides support to young people transitioning between school and adult services.

The POP outings take place once a month and can be activity based or joining in with a community event.

This project focuses on the individual, providing the necessary support for participation in the programme, whether this is personal care, transport or appropriate supervision. The support provided gives young people the choice to experience new environments and avail of new opportunities.

The project aims to improve the quality of service for young people with a disability by promoting a person-centered approach and ensuring an ethos of social inclusion and choice giving young people control over their lives.

### POP locations

**Craigavon and Banbridge** Referral through Acorns Team - 8-14 years.

#### Armagh and Dungannon

Referral through Children & Young People's Disability Teams - 14-18 years.

#### Newry and Mourne

Referral through Children & Young People's Disability Teams - 14-18 years.



# For more information **Email:** info@incredable.org.uk

## call <del>t</del>oday: 0<mark>28 3887 2111</mark>

Company Limited by Guarantee, NI62968 Registered with The Charity Commission for Northern Ireland, NIC101118

incredABLE individuals are empowered to make choices, discover talents, realise passions, and participate in community on their own terms. incredABLE deliver projects and services in the Southern Health and Social Care Trust Area.





Southern Health and Social Care Trust